



## IMPORTANT: ADHERE TO GOVERNMENT-ISSUED GUIDELINES

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Most states and union territories have released their own guidelines for inbound and outbound travellers vis-à-vis passes, permits, quarantine rules and other requirements. Please go through the guidelines of your source and destination states and union territories carefully before planning your travel, for a hassle-free experience.

Updated on 24th June 2020.

#### Andaman and Nicobar Islands

##### Mandatory for Travellers

- All passengers would be required to undergo screening upon arrival.
- All passengers would be required to share their contact details and residential address of Andaman and Nicobar Islands.
- All asymptomatic passengers would be allowed to travel to their residence/next destination by local/private transport.

##### Quarantine and Testing Rules

- All travellers entering the state are required to undergo 14 days of home quarantine.

#### Andhra Pradesh

##### Quarantine and Testing Rules

- All passengers entering Andhra Pradesh from Covid hotspots will be kept in institutional quarantine for 7 days, followed by another 7 days of home quarantine.
- For passengers travelling from other regions (non-Covid hotspots), 14 days of home quarantine is required. Covid hotspots are defined as Delhi, Chennai, Mumbai, Rajasthan, Gujarat and Madhya Pradesh.
- All travellers to the state must submit their details on the Spandana state portal. More details can be found at: [https://www.ap.gov.in/?page\\_id=66](https://www.ap.gov.in/?page_id=66)
- Testing shall be done as per the protocol communicated by MH&FW department from time to time. The persons can be released for home quarantine, once they test negative with proper intimation to village/ward level health functionaries.

##### Train Travel Guidelines

- All passengers entering the state by Special Trains or Shramik Trains run by the Railways would be sent to the nearest DRC.
- For train guidelines, please visit: <http://contents.irctc.co.in/en/Covid19AndhraPradeshAdvisory.pdf>

##### Road Travel Guidelines

- You have to apply online for an e-Pass to travel inter-state but not inter-district.
- Only two people can travel with one driver.
- All passengers need to carry a government ID which has valid address proof.
- Time taken to issue a pass is 24 hours.
- Travel timing is 5:00 a.m. to 9:00 p.m.
- It is mandatory to wear a mask while travelling.
- People aged above 65 years, those with comorbidities, pregnant women and children less than 10 years have been advised to stay home.
- Restrictions are applicable in Containment Zones.
- Spandana site has to be followed for registration of e-Pass.
- All incoming travellers have to take tests at the check-post and only then can they enter the state.
- Link to e-Pass: <https://bit.ly/2XpBKMI>

## Assam



### Quarantine and Testing Rules

- All passengers will have to undergo mandatory temperature scanning on arrival.
- Asymptomatic passengers, other than the exempted categories, will have to undergo combined institutional and home quarantine for at least 14 days. The period of institutional quarantine of a passenger will be 7 days or till his/ her Covid-19 test results are declared, whichever is earlier, followed by a home quarantine for the remaining period after due hand stamping.
- Some asymptomatic passengers have been exempted from institutional quarantine. These include:
  1. Pregnant women, children below 10 years along with siblings and parents, senior citizens above 75 years of age, those who have recently undergone cardiac/ kidney/cancer treatments or transplants as well as those who need to attend funeral-related rituals. These passengers will receive quarantine hand stamps and have to undergo strict 10-day home quarantine.
  2. Those who have already tested negative for COVID not more than 3 days prior to arrival.
  3. Those who are entering and exiting Assam on the same day, without a night halt.
  4. Certain government officials on duty, who have taken prior permission from the government of Assam.
  5. Military and paramilitary personnel who are on their way to their respective cantonment for quarantine.
  6. Pilots, air crew and maintenance staff of both cargo and passenger aircraft will not be quarantined.
- Those who have to undergo institutional quarantine have an option to choose between either the government-funded facility or a self-paid hotel facility.

### Air Travel Guidelines

- All incoming passengers will be screened at thermal screening booths manned by medical staff.
- After disembarking from the flight, passengers are required to walk up to the health desks in groups of 20-25 while maintaining distance of 1 metre.
- There are booths outside the airport to collect undertakings from passengers and give information on the district-wise quarantine and testing centres.
- All transit passengers travelling to other areas of North East India will be allowed to depart for their destination directly, provided they do not have any stoppages in Assam.
- All the departure points at the airport have screening booths. All those wishing to fly out of the state, will be screened. Symptomatic travellers will not be allowed to enter the airport and have to undergo further health checks as per administration's guidelines.

### Train Travel Guidelines

- For train guidelines, please visit: <http://contents.irctc.co.in/en/Covid19AssamAdvisory.pdf>

### Road Travel Guidelines

- The state government will be running bus services four times a day from Guwahati to various districts across Assam.
- Passengers are allowed to either hire authorized taxis or use private vehicles. But vehicle details and name of destination must be provided to the district administration in the form of signed undertakings.

## Bihar



### Quarantine and Testing Rules

- There is no mandatory quarantine for travellers, however, it is advisable to self-monitor.

### Train Travel Guidelines

- For train guidelines, please visit: <http://contents.irctc.co.in/en/Covid19BiharAdvisory.pdf>

## Chandigarh



### Quarantine and Testing Rules

- All travellers entering the state must undergo 14 days of home quarantine.

## Chhattisgarh



### Mandatory for travellers

- You have to apply online for an e-Pass before travelling to Chhattisgarh. Link: <http://epass.cgCovid19.in>

### Quarantine and Testing Rules

- All travellers entering the state must undergo home quarantine for 14 days.

### Air Travel Guidelines

- All air travellers would be allowed to de-board the aircraft in batches of 20, after which they will have to sign required documents and undergo health screening.
- All international travellers landing at airports without connecting flights to Raipur have to arrange for self-paid vehicles to take them to their destinations. Help shall be provided by the State Nodal Authority for the same.

### Train Travel Guidelines

- For train guidelines, please visit: <http://contents.irctc.co.in/en/Covid19ChhattisgarhAdvisory.pdf>

### Road Travel Guidelines

- Only two people can travel with one driver.
- All passengers need to carry a government ID which has valid address proof.
- Time taken to issue pass is minimum 24 hours.
- Travel timing is 5:00 a.m. to 9:00 p.m.
- It is mandatory to wear a mask while travelling.
- People aged above 65 years, those with comorbidities, pregnant women and children less than 10 years have been advised to stay home.
- Medical certificate is required in case reason for travel is on medical grounds. This includes names of medicines.
- Customers have to enter the cab number and reason of travelling to create an e-Pass.
- Original ID proof of the customer is required during travels.
- Pass is generated from the source city. (Customer has to mandatorily click on Round Trip and choose Return Date as an option in the e-Pass).
- Vehicle details are required to raise an e-Pass.
- e-Pass Link: <https://bit.ly/3doa2WV8>

## Dadra & Nagar Haveli And Daman & Diu



### Mandatory for Travellers

- All passengers would be required to undergo screening upon arrival.
- Passengers from Gujarat would be required to stay in a specified area at the airport and would be dropped off to the borders of the district. They would have to arrange for their transport from thereon. If required, they will be assisted by the district administration to contact the administration of their destination.

### Quarantine and Testing Rules

- Identified passengers would be required to undergo institutional quarantine in the specified facility, for 14 days.
- For the following identified passengers, home quarantine would be allowed:
  - Pregnant/lactating women
  - Children below 10 years of age
  - People with serious comorbidities such as heart, kidney, liver ailments etc.
  - People above 80 years of age
  - People with special needs
- For identified passengers who are industrial executives/technical experts/consultants/government servants/other employees on business/official visits, samples would be collected the same day. If tested negative and they're found asymptomatic, they would be allowed to resume their work. If tested positive, they would be shifted to a COVID health facility.

### Hotel Guidelines

- Hotels are now open, except for the ones located in containment zones, which shall remain closed until further notice.
- According to Government issued advisories, those above 65 years of age and those with co-morbidities are strongly advised to avoid travel and hotel stays.
- Those staying in hotels must wear face mask and practice social distancing at all times.
- Online advance booking is mandatory and must be done at least 2 days before the date of arrival. This will help the administration maintain a list of visitors arriving in every hotel.

## Delhi



### Mandatory for Travellers

- All passengers are advised to download the Aarogya Setu app on their mobile phones.
- All passengers are required to use face covers/masks, and are required to follow hand hygiene, respiratory hygiene, and environmental hygiene.
- All travellers must follow social distancing measures at airports/railway stations/bus terminals.

### Safety Measures

- All airports/bus terminals/railway stations will be regularly sanitized/disinfected, and will be equipped with soaps and sanitizers. Thermal screening would be done at all exit points.
- All passenger details would be shared by concerned authorities with government officers, on a daily basis.

### Quarantine and Testing Rules

- All passengers showing moderate to severe symptoms will be admitted to dedicated COVID health facilities.
- Travellers to Delhi who are not exhibiting any symptoms are required to undergo home quarantine for 7 days.

### Air Travel Guidelines

- All passengers will have to undergo thermal screening at the point of departure, and only asymptomatic travellers would be allowed to continue further.

### Train Travel Guidelines

- For train guidelines, please visit: <http://contents.inctc.co.in/en/Covid19DelhiAdvisory.pdf>

### Road Travel Guidelines

- No e-Pass is required to travel from Delhi to Haryana or Uttar Pradesh.
- E-Pass is required to travel to and from Delhi to Rajasthan, Himachal Pradesh, Punjab, Jammu & Kashmir and Uttarakhand.
- Application for e-Pass must be filed in the source state.
- Only two people can travel with one driver.
- No e-Pass is required for travelling inter-district (movement in cantonment area is not allowed).
- All passengers need to carry a government ID which has valid address proof.
- Time taken to issue the pass is minimum 24 hours.
- Travel timing is 5:00 a.m. to 9:00 p.m.
- It is mandatory to wear a mask while travelling.
- People aged above 65 years, those with comorbidities, pregnant women and children less than 10 years have been advised to stay home.
- A medical certificate is required for customers in case the reason for travel is on medical grounds. This includes the names of medicines.
- Pass is generated from the source city.
- Pass depicts that round trip is optional. Customer has to mandatorily click on Round Trip and choose Return Date as an option while applying for the e-Pass.
- Original ID proof of customer is required during travel.
- Stranded people during lockdown who want to go to other states and category of people providing essential services are eligible to travel with e-Pass.
- Curfew e-Pass is being issued for those who are engaged in essential service likes manufacturing and transportation and those who work in storage and shops, but do not have a government or private ID.
- Vehicle number and vehicle RC is required to apply for e-Pass.
- e-Pass Link: <https://bit.ly/3d1NG7G>

## Goa



### Mandatory for Travellers

- All passengers have to undergo thermal screening at the entry point, before entering Goa.
- The existing protocols for stranded Indians coming either by sea or air will be in accordance to MHA's guidelines/SOP.
- A self-declaration form must be filled online and downloaded from the Goa online portal. The same must be printed, signed and submitted at the border check post. Check posts will also have hard copies of the self-declaration forms for the convenience of the travellers. Link: [https://goaonline.gov.in/appln/uiil/deptservices?\\_DocId=REV6&\\_ServiceId=REV18](https://goaonline.gov.in/appln/uiil/deptservices?_DocId=REV6&_ServiceId=REV18)

#### Quarantine and Testing Rules

- Symptomatic passengers have to undergo mandatory testing and follow it up with quarantine.
- Asymptomatic passengers have to select one of the following three options and mention the same on the self-declaration form, to be submitted at the entry point:
  1. Produce a COVID negative certificate by an ICMR-authorized lab issued up to 48 hours prior to the date of travel. If passengers arrive at the entry point without any such certificate, they have to undergo mandatory COVID testing by paying INR 2000. As part of this test, their swabs will be collected at the entry point. They are advised maintain social distancing norms until the results come out.
  2. After the swab test is done, 12-hourly follow up health reports will be created and maintained by the authorities. Once the results come out, further quarantine/ home isolation and treatment decisions will be communicated to the passenger by the authorities.
- Passengers with international travel history, as declared in the form, have to mandatorily undergo testing and follow quarantine rules until test results come out.

#### Train Travel Guidelines

- For train guidelines, please visit: <http://contents.irctc.co.in/en/Covid19GoaAdvisory.pdf>

### Gujarat

#### Quarantine and Testing Rules

- All travellers have to undergo 14 days of home quarantine.

#### Train Travel Guidelines

- For train guidelines, please visit: <http://contents.irctc.co.in/en/Covid19GujaratAdvisory.pdf>

#### Road Travel Guidelines

- You have to apply online for an e-Pass for inter-state travel by clicking here: <https://bit.ly/36Qnlfs>
- e-Pass is not required to travel within the state. However, movement in containment zones is not allowed.

### Haryana

#### Quarantine and Testing Rules

- All travellers entering the state need to self-monitor their health for 14 days.

#### Train Travel Guidelines

- For train guidelines, please visit: <http://contents.irctc.co.in/en/Covid19HaryanaAdvisory.pdf>

#### Road Travel Guidelines

- No e-Pass is required to travel inter-state or inter-district.
- e-Pass is required to travel to and from Haryana to Himachal Pradesh, Punjab, Jammu & Kashmir and Uttarakhand.
- Application for e-Pass must be filed in the destination state.
- Only two people can travel with one driver.
- Travel timing is 5:00 a.m. to 9:00 p.m.
- It is mandatory to wear a mask while travelling.
- People aged above 65 years, those with comorbidities, pregnant women and children less than 10 years have been advised to stay home.
- All non-essential and essential travel is allowed.



## Himachal Pradesh



### Mandatory for Travellers

- All passengers have to mandatorily install the Aarogya Setu app before boarding flights/trains to Himachal Pradesh.
- All passengers should maintain social distancing protocols and follow all guidelines issued by the Government of India.
- All passengers will have to undergo screening at the airport/railway station before commencing their journey to Himachal Pradesh, and again at the border check posts of the district concerned of Himachal Pradesh.
- Airline ticket, valid boarding pass and confirmed train tickets would be considered valid documents for passengers to move beyond the Airport Arrival Terminals and Railway Stations to their respective destinations in Himachal Pradesh. However, all travellers should carry a valid ID card to prove her/his identity at the state entry points.

### Quarantine and Testing Rules

- Travellers from red zone have to undergo 14 days of institutional quarantine while those from orange/green zone need to undergo 14 days of home quarantine.

### Train Travel Guidelines

- For train guidelines, please visit: <http://contents.irctc.co.in/en/Covid19HimachalPradeshAdvisory.pdf>

### Road Travel Guidelines

- You have to apply online for an e-Pass to travel inter-state.
- No e-Pass is required for inter-district travel.
- Only three people can travel with one driver.
- All passengers need to carry a government ID which has valid address proof.
- Time taken to issue the pass is minimum 24 hours.
- Travel timing is 5:00 a.m. to 9:00 p.m.
- It is mandatory to wear a mask while travelling.
- People aged above 65 years, those with comorbidities, pregnant women and children less than 10 years have been advised to stay home.
- Medical certificate is required in case reason for travel is on medical grounds. This includes names of medicines.
- Driver and cab details are required while applying for e-Pass.
- It is mandatory to use the Arogya Setu app.
- Customers have to select 'Additional Person Accompanying' and fill the details of their driver.
- Original ID proof of customer is required during travel.
- Pass is generated from the source city. (Customer has to mandatorily click on Round Trip and choose Return Date as an option in the e-Pass).
- Vehicle and driver details required to raise an e-Pass.
- e-Pass Link: <https://bit.ly/2UeYhdl>

### Hotel Guidelines

- Hotels are now open for non-tourism purposes, which means those visiting the state for official/ business reasons can stay in the hotels. Local residents can also opt to stay in the hotels.

## Jammu & Kashmir



### Quarantine and Testing Rules

- All passengers or returnees entering Jammu & Kashmir, by air, and also by road and rail, would have to undergo compulsory COVID-19 testing.
- All travellers would be kept under administrative quarantine till the test result is shown negative, after which they would be released for home quarantine.
- Travellers testing positive for COVID-19 would be sent to a COVID hospital for treatment.

### Train Travel Guidelines

- For train guidelines, please visit: <http://contents.irctc.co.in/en/Covid19JammuAndKashmirAdvisory.pdf>

### Road Travel Guidelines

- You have to apply online for an e-Pass to travel inter-state and inter-district.
- Only two people can travel with one driver.
- All passengers need to carry a government ID which has valid address proof.
- Time taken to issue the pass is minimum 24 hours.
- Travel timing is 5:00 a.m. to 9:00 p.m.
- It is mandatory to wear a mask while travelling.
- People aged above 65 years, those with comorbidities, pregnant women and children less than 10 years have been advised to stay home.
- Medical certificate is required in case reason for travel is on medical grounds. This includes names of medicines.
- Pass is generated from the source city. (Customer has to mandatorily click on Round Trip and choose Return Date as an option in the e-Pass).
- Customers have to select 'Additional Person Accompanying' and fill the details of their driver.
- Original ID proof of customer is required during travel.
- Driver details and vehicle details are both required to raise an e-Pass.
- e-Pass Link: <https://bit.ly/2U2fQ02> and <https://bit.ly/3cnVJIU>

## Jharkhand

### Quarantine and Testing Rules

- All travellers entering the state must undergo 14 days of home quarantine.

### Train Travel Guidelines

- For train guidelines, please visit: <http://contents.irctc.co.in/en/Covid19JharkhandAdvisory.pdf>

## Karnataka

### Mandatory for Travellers

- All travellers entering Karnataka must self-register on the Seva Sindhu Portal by providing their name, address, phone number and other travel/stay-related [details](#).

### Quarantine and Testing Rules

- All travellers from Maharashtra must undergo 7 days of institutional quarantine while travellers from both Delhi and Tamil Nadu must undergo 3 days of institutional quarantine.
- Travellers from states other than Maharashtra, Delhi and Tamil Nadu must undergo 14 days of mandatory home quarantine.
- Health screening will be done for all incoming passengers at airports, bus-stands and railway stations. After this, they will be hand-stamped with quarantine dates as required.
- Symptomatic passengers will require 7 days of hospital isolation at dedicated covid care centres, followed by 7 days of home quarantine.
- Asymptomatic travellers coming from Maharashtra will require 7 days of institutional quarantine, followed by 7 days of home quarantine. If symptoms develop, they need to get a test done immediately.
- Asymptomatic travellers coming from other states are required to complete 14 days of home quarantine. If home quarantine is not an option, the district administration will arrange for institutional quarantine.
- For those home quarantining in rural areas, Gram Panchayat Task Force will be the chief body responsible.
- Travellers must download and use the Quarantine Watch App for daily self-monitoring. They will need to upload temperature and other details on the app daily.
- Business travellers from Maharashtra who are found to be asymptomatic are exempted from quarantine while in Karnataka, if they fulfil the following conditions:
  1. They must show a confirmed flight/ train ticket with a departure date that is no later than 7 days from the arrival date.
  2. Business travellers arriving by road need to provide an address proof of the person they intend to meet in Karnataka.
  3. They have to produce a Covid negative test certificate which is not more than 2 days old.
  4. Those who do not have a Covid negative test certificate have to undergo mandatory institutional quarantine for two days, within which time they need to get a test done at their own expense. Once the test comes negative, they are exempted from quarantine.
- Business travellers from other states who are found to be asymptomatic are exempted from quarantine and hand stamping if they can produce confirmed return train/flight ticket no later than 7 days from the date of arrival. In case of road travel, they must provide address proof of native state.
- Transit travellers must produce proof on onward journey no later than 1 day from the date of arrival. In case of road travel, they must produce ID as well as address proof in destination state. All transit travellers going by road will be hand-stamped.

### Train Travel Guidelines

- For train guidelines, please visit: <http://contents.irctc.co.in/en/Covid19KarnatakaAdvisory.pdf>

## Road Travel Guidelines

- No e-Pass is required for inter and intra state travel.
- Customers have to mandatorily register on Seva Sindhu Portal before entering the state (Self Registration).
- Only two people can travel with one driver.
- All passengers need to carry a government ID which has valid address proof.
- Travel timing is 5:00 a.m. to 9:00 p.m.
- It is mandatory to wear a mask while travelling.
- People aged above 65 years, those with comorbidities, pregnant women and children less than 10 years have been advised to stay home.
- Travellers from other states entering into Karnataka have to stay in institutional quarantine as per government policy.
- Restrictions are applicable in containment zones.
- Customers entering from Maharashtra will have to undergo 7 days of institutional quarantine, if asymptomatic.
- Customers need an e-Pass in case the destination state asks for the same to enter the respective state.

## Kerala

### Mandatory for Travellers

- All travellers travelling outside Kerala are required to get exit passes issued from the District Administration at designated airports, after undergoing health screening.

### Quarantine and Testing Rules

- After travellers entering Kerala must undergo 14 days of home quarantine.
- There will be no mandatory quarantine for those visiting Kerala on short term trips. They have to instead obtain an entry pass.

### Air Travel Guidelines

- Boarding pass would only be issued to passengers who produce a valid entry pass obtained from the [Covid19Jagratha portal](#).
- Pick-up vehicles with one person other than the driver are allowed to enter the airport and are directed to follow social distancing norms. If the person picking up the passenger comes in physical contact with the passenger, s/he shall also be home quarantined for 14 days.

### Train Travel Guidelines

- For train guidelines, please visit: <http://contents.irctc.co.in/en/Covid19KeralaAdvisory.pdf>

### Road Travel Guidelines

- You have to apply online for an e-Pass to travel inter-state but not for inter-district travel.
- Only three people can travel with one driver.
- All passengers need to carry a government ID which has valid address proof.
- Time taken to issue a pass requires 24 hours.
- Travel timing is 5:00 a.m. to 9:00 p.m.
- Pass is valid for both ways by default.
- It is mandatory to wear a mask while travelling.
- People aged above 65 years, those with comorbidities, pregnant women and children less than 10 years have been advised to stay home.
- There is no permission for pickup or drop if your location falls in Containment Zone.
- Vehicle Number is required to raise an e-Pass.
- Link: <https://bit.ly/3cszZT8> and <https://bit.ly/3cq5yNF>

## Madhya Pradesh

### Mandatory for Travellers

- All the inbound and outbound travellers are required to submit a self-declaration form stating their personal contact details.
- All passengers who are under observation for showing symptoms of COVID-19, would be required to download the Aarogya Setu app mandatorily, for contact tracing purposes.

### Quarantine and Testing Rules

- There will be no mandatory quarantine. Proactive self-monitoring is advised.



- All passengers who are under observation for showing symptoms of COVID-19, would be required to download the Aarogya Setu app mandatorily, for contact tracing purposes.

#### Quarantine and Testing Rules

- There will be no mandatory quarantine. Proactive self-monitoring is advised.
- All travellers entering the state who show symptoms will be taken to a nearby health care facility.

#### Air Travel Guidelines

- All inbound and outbound travellers have to undergo medical check-up and thermal screening at the arrival and departure points at the airport.
- Respective district collectors will be notified about all symptomatic passengers who are not residents of the district where the airport is located or are travelling to other districts.

#### Train Travel Guidelines

- For train guidelines, please visit: <http://contents.irctc.co.in/en/Covid19MPAdvisory.pdf>

#### Road Travel Guidelines

- You have to apply online for an e-Pass to travel inter-state or inter-district.
- Only two people can travel with one driver.
- Travel timing is 5:00 a.m. to 9:00 p.m.
- It is mandatory to wear a mask while travelling.
- People aged above 65 years, those with comorbidities, pregnant women and children less than 10 years have been advised to stay home.
- Pass is generated from the source city. (Customer has to mandatorily click on Round Trip and choose Return Date as an option in the e-Pass).
- Original ID proof of customer is required during travel.
- Vehicle details are required to raise an e-Pass.
- e-Pass Link: <https://bit.ly/3dmG8S5>

## Maharashtra

#### Mandatory for Travellers

- All passengers travelling to Maharashtra are required to declare that they are not coming from any containment zone, and are free of COVID-19.
- All passengers have to declare that they have not tested positive for COVID-19 in the last two months and are not placed under quarantine.
- Any passenger found travelling without meeting the required conditions would face penal action.
- All passengers, crew and staff will have to wear masks and follow sanitation rules.
- Passengers will not be allowed to enter containment zones or hotspot areas.
- All passengers need to inform the authorities about their place of stay if they are not putting up at their homes.

#### Quarantine and Testing Rules

- All travellers entering the state are required to be under home quarantine for 14 days.
- Passengers travelling to Maharashtra for less than a week, are exempted from home isolation, provided they furnish details of their onward/return journey.

#### Air Travel Guidelines

- Airlines and airports are required to ensure social distancing norms at all times, and passengers are required to undergo thermal screening.
- All passengers are allowed to travel to the airport in their personal vehicles, as long as they don't travel from a containment zone.

#### Train Travel Guidelines

- For train guidelines, please visit: <http://contents.irctc.co.in/en/Covid19MaharashtraAdvisory.pdf>

#### Road Travel Guidelines

- Travel within Mumbai Metropolitan Region is allowed without an e-Pass.
- Inter-district movement is allowed with an e-Pass. Movement is not allowed in Containment Zone/Red Zone.
- Inter-state movement is not allowed as per the guidelines.
- Only two people can travel with one driver.

- All passengers need to carry a government ID which has valid address proof (like Aadhaar Card) and Medical Certificate. Medical certificate is mandatory.
- Time taken to issue the pass is minimum 48 hours.
- Religious places to remain closed across the state during the lockdown period.
- Travel timing is 5:00 a.m. to 9:00 p.m.
- It is mandatory to wear a mask while travelling.
- People aged above 65 years, those with comorbidities, pregnant women and children less than 10 years have been advised to stay home.
- There is no permission for pickup or drop if your location falls in Containment Zone.
- Pass is generated from the source city. (Customer has to mandatorily click on Round Trip and choose Return Date as an option in the e-Pass).
- From any city to Nashik, customers are advised to take the Covid Test and stay home quarantined for 14 Days.
- e-Pass Link: <https://covid19.mhpolice.in/>

## Manipur

### Quarantine and Testing Guidelines

- All passengers entering Manipur are required to undergo institutional quarantine for 14 days.

## Meghalaya

### Mandatory for Travellers

- Registration for all travellers is mandatory and can be done online at: [www.meghalayaonline.gov.in/covid/registerall.htm](http://www.meghalayaonline.gov.in/covid/registerall.htm)
- Post registration, confirmation of the itinerary can be done by calling the following numbers between 10 a.m. to 8 p.m.
- 7005629354, 8974254116, 9863064839, 9436103308

### Quarantine and Testing Rules

- People returning from other states to Meghalaya would have to undergo the testing protocols prescribed by the Health and Family Welfare Department.
- Upon returning, passengers would be taken to Shillong or Tura for testing, and kept in institutional quarantine for up to 48 hours till test results are known. Pick-up arrangements can be made thereafter from Shillong/Tura.

### Road Travel Guidelines

- Pick up of passengers from Guwahati Airport or Guwahati Railway Station is not permitted till 10th June.
- The Transport Department will arrange for buses to pick up passengers from Guwahati Airport and Guwahati Railway Station.

## Mizoram

### Quarantine and Testing Guidelines

- Travellers to Mizoram can either undergo a mandatory 14-days of institutional quarantine or a mandatory 21-days of home quarantine.

## Nagaland

### Quarantine and Testing Guidelines

- Travellers from Green and Orange Zones will be screened on arrival and if found asymptomatic, will have to undergo institutional quarantine for 3 days, followed by a mandatory home quarantine for another 14 days.
- Those travelling from or through Red Zones will be screened and sent for mandatory 14 days of institutional quarantine, followed by another 14 days of home quarantine.
- Those who want to travel to Dimapur, Mon and Peren will be initially quarantined at Dimapur, after which provisions will be made to assist their travel to the respective districts. Further mandatory quarantine will be required, as per rules in these respective districts.
- For districts other than those mentioned above, initial quarantine will be at Kohima, after which arrangements will be made for travellers to travel to their respective districts to complete the remainder of their quarantine at District Quarantine Centres/homes as the case may be.
- Those who're required to complete home quarantine will be stamped with a Quarantine Stamp at the back of their hands. This stamp will mention the end date of quarantine. In addition, indelible ink will also be applied to their right hand thumb.

## Air Travel Guidelines

- Every passenger shall be screened by the medical department. Asymptomatic passengers will be ferried to Agri Expo site in designated buses arranged by the transport department, in police escort. Symptomatic passengers shall be taken to designated medical facilities for treatment.
- On arrival at the Agri Expo site, passengers will be screened, segregated and placed in pre-designated quarantine centres either in Kohima or Dimapur.
- Vehicles will not be allowed at the airport.

## Rail Travel Guidelines

- Transport department will arrange for a sufficient fleet of buses to carry passengers from the railway station to Agri Expo, and thereafter to quarantine centres.
- All passengers will be screened via thermal cameras at the railway station.
- Asymptomatic passengers will be ferried to Agri Expo site in designated buses arranged by the transport department, in police escort. Symptomatic passengers shall be taken to designated medical facilities for treatment.
- On arrival at Agri Expo site, the passengers will be screened, segregated and placed in pre-designated quarantine centres, either in Kohima or Dimapur.
- For train guidelines, please visit: <http://contents.irctc.co.in/en/Covid19NagalandAdvisory.pdf>

## Odisha

### Quarantine and Testing Guidelines

- All passengers would have to undergo 14 days of home quarantine.
- Returnees in rural areas would be required to undergo 7 days of institutional quarantine, post which, asymptomatic returnees will be discharged to undergo home quarantine for 7 more days. However, if the travellers do not have the facility for home quarantine, they would be required to undergo institutional quarantine, the cost of which will have to be paid by the travellers.
- Quarantine period may be extended as per the directives of local authorities.
- If any rural returnee in quarantine, develops symptoms requiring medical attention, he/she would be shifted to COVID-19 Care Centre/COVID Hospital.
- Returnees to urban areas will compulsorily have to stay in home quarantine for 14 days, as per the guidelines issued by the H&FW Dept., Govt. of Odisha. In case of proper home quarantine facility not being there, the travellers will have to undergo institutional/paid quarantine for a duration as specified by the local authorities.

### Travellers Exempted from Mandatory Quarantine

- Government officials, professionals, or others travelling to Odisha for work intending to exit the state within 72 hours of arrival.
- Government officials, professionals, or others who have travelled from Odisha for work, and are returning to the state within 72 hours of departure from Odisha.
- Any returnee who has already undergone prescribed quarantine.

### Train Travel Guidelines

- For train guidelines, please visit: <http://contents.irctc.co.in/en/Covid19OdishaAdvisory.pdf>

## Punjab

### Mandatory for Travellers

- All travellers entering Punjab are required to hand over self-declaration forms with personal and health details to state officers at the point of entry.

### Quarantine and Testing Guidelines

- All passengers entering Punjab will undergo thermal and temperature screening and those found symptomatic will be taken to a health facility for testing.
- Asymptomatic passengers are required to quarantine themselves at home for 14 days.
- All passengers entering Punjab will undergo thermal and temperature screening and those found symptomatic will be taken to a health facility for testing. Asymptomatic passengers and those found negative will be taken to an institutional quarantine facility (self-paid government /hotel quarantine) and then tested on the 5th day. If the test comes negative, they will be allowed to go home after completing 7 days of institutional quarantine, followed by another 7 days of home quarantine plus self-monitoring. Those who test positive will be shifted to a hospital.
- Businessmen and professionals who need to frequently travel interstate, outside of Punjab for professional reasons, will not be home quarantined. Deputy Commissioner and Sub-Divisional Magistrate will issue passes to such individuals on submission of an undertaking for self-monitoring of health and commitment to inform the administration in case they experience any symptoms of COVID-19. Such frequent interstate travellers must download and keep the COVA-app activated.

### Train Travel Guidelines

- For train guidelines, please visit: <http://contents.irctc.co.in/en/Covid19PunjabAdvisory.pdf>

## For Businessmen and Professionals

Businessmen and professionals who need to frequently travel interstate, outside of Punjab for professional reasons, will not be home quarantined. Deputy Commissioner and Sub-Divisional Magistrate will issue passes to such individuals on submission of an undertaking for self-monitoring of health and commitment to inform the administration in case they experience any symptoms of COVID-19. Such frequent interstate travellers must download and keep the COVA-app activated.

### Road Travel Guidelines

- Those coming from Delhi are required to carry a Corona negative certificate, along with an e-Pass.
- You have to apply for an e-Pass online for inter-state and inter-district travel through the COVA app (Self declaration is mandatory).
- Only two people can travel with one driver.
- All passengers need to carry a government ID which has valid address proof.
- Time taken to issue the pass is 24 hours.
- Travel timing is from 5:00 a.m. to 9:00 p.m.
- It is mandatory to wear a mask while travelling.
- People aged above 65 years, those with comorbidities, pregnant women and children less than 10 years have been advised to stay home.
- Medical certificate is required in case reason for travel is on medical grounds. This includes names of medicines.
- By downloading the Punjab COVA app, self e-Pass declaration can be created.
- Pass is generated from the source city. (Customers have to mandatorily click on Round Trip and Return Date as an option in the e-Pass).
- Pass can also be generated on the Punjab government app.
- Original ID proof of the customer is required during travel.
- Travel is allowed for medical emergencies; essential services like health, manufacturing, banking, media; death case or emergency transit and travel.
- Vehicle number is required to raise an e-Pass.
- e-Pass Link: <https://bit.ly/2MoBsiF>

## Rajasthan

### Quarantine and Testing Guidelines

- All travellers are required to quarantine themselves at home for 14 days.
- Those travelling to Rajasthan for less than 7 days are exempted from home quarantine, provided they submit an RT-PCR negative test certificate.

### Air Travel Guidelines

- All passengers arriving to Rajasthan by scheduled commercial flights would have to undergo monitored home quarantine for 14 days, the breach of which shall have the person shifted to institutional quarantine and incur fine or legal action.
- Passengers visiting Rajasthan for a short stay of less than 7 days and have already undergone a RT-PCR test up to 2 days before arrival and are carrying the report stating their COVID-19 negative status, would be exempted for home quarantine and permitted for return journey.
- Passengers who reach Rajasthan without the RT-PCR testing and intend to leave within 7 days, would be sent for home quarantine. However, if such passengers undergo the RT-PCR testing and are found negative, they would be exempted from home quarantine for the remainder of their stay and allowed to return.

### Train Travel Guidelines

- For train guidelines, please visit: <http://contents.irctc.co.in/en/Covid19RajasthanAdvisory.pdf>

### Road Travel Guidelines

- e-Pass is required to travel inter-state but not for inter-district travel.
- Those travelling from Delhi and Maharashtra need to apply for an e-Pass from the Delhi and Maharashtra e-Pass websites respectively.
- Those travelling to Delhi and Maharashtra, need to apply for an e-Pass from the Rajasthan e-Pass website.
- Only two people can travel with one driver.
- Travel timing is 5:00 a.m. to 9:00 p.m.
- It is mandatory to wear a mask while travelling.
- People aged above 65 years, those with comorbidities, pregnant women and children less than 10 years have been advised to stay home.
- Pass is generated from the source city. (Customers have to mandatorily click on Round Trip and choose Return Date as an option in the e-Pass).
- Original ID proof of the customer is required during travel.
- Vehicle number is required to raise an e-Pass.
- e-Pass Link: <https://bit.ly/2zPDZzW>

## Tamil Nadu



- All passengers entering Tamil Nadu from other states, must register on the state website and apply for an e-Pass at <https://tnepass.tnega.org/>

### Quarantine and Testing Guidelines

- Those travelling from Covid hotspots have to undergo mandatory institutional quarantine for 7 days.
- Those travelling from non-Covid hotspots are required to undergo 14 days of home quarantine.
- After undergoing medical screening, asymptomatic passengers would need to home quarantine for 14 days, whereas standard operating procedures would apply to those displaying COVID-19 symptoms.
- Passengers without any provision for home quarantine should mention the same on the portal while applying for e-Pass. Institutional quarantine shall be arranged for them.

### Train Travel Guidelines

- For train guidelines, please visit: <http://contents.irctc.co.in/en/Covid19TamilnaduAdvisory.pdf>

### Road Travel Guidelines

- You have to apply for an e-Pass for inter-state travel and for inter-zone travel within the state.
- State has been divided into 8 Zones\*. There is no need of an e-Pass to travel inside the zones but it is required to travel to other zones.
- Only two people can travel with one driver.
- Pass is valid for both ways by default.
- All passengers need to carry a government ID which has valid address proof.
- Time taken to issue the pass is 24 hours.
- Travel timing is 5:00 a.m. to 9:00 p.m.
- It is mandatory to wear a mask while travelling.
- People aged above 65 years, those with comorbidities, pregnant women and children less than 10 years have been advised to stay home.
- There is no permission for pickup or drop if your location falls in Red or Containment Zone.
- People travelling from high risk zones may be quarantined as per government policy.
- Zones Bifurcation is as follows:
  - Zone I: Coimbatore, Nilgiris, Erode, Tiruppur, Karur, Salem and Namakkal
  - Zone II: Dharmapuri, Vellore, Tirupattur, Ranipet and Krishnagiri
  - Zone III: Villupuram, Tiruvannamalai, Cuddalore and Kallakuruchi
  - Zone IV: Nagapattinam, Tiruvarur, Thanjavur, Thiruchi, Ariyalur, Perambalur and Pudukottai
  - Zone V: Dindigul, Madurai, Theni, Virudhunagar, Sivagangai and Ramanathapuram
  - Zone VI: Thoothukudi, Tirunelveli, Kanniyakkumari and Tenkasi
  - Zone VII: Tiruvallur, Chengalpattu and Kancheepuram
  - Zone VIII: Chennai City

## Telangana



### Quarantine and Testing Guidelines

- There is no mandatory quarantine for travellers, however, it is advisable to self-monitor.

### Train Travel Guidelines

- For train guidelines, please visit: <http://contents.irctc.co.in/en/Covid19TelanganaAdvisory.pdf>

### Road Travel Guidelines

- No e-Pass is required to travel inter-state and intra-state.
- Only three persons can travel with one driver at a time.



## Tripura



### Quarantine and Testing Guidelines

- All passengers entering Tripura are required to home quarantine for 14 days.

## Uttarakhand



### Mandatory for Travellers

- All travellers are required to register themselves on the web portal: <https://dsclservices.in/uttarakhand-migrant-registration.php>

### Quarantine and Testing Guidelines

- All travellers entering the state must undergo 7 days of institutional quarantine, followed by 14 days of home quarantine.

### Train Travel Guidelines

- For train guidelines, please visit: <http://contents.irctc.co.in/en/Covid19UttarakhandAdvisory.pdf>

### Road Travel Guidelines

- You have to apply for an e-Pass online to travel inter-state and inter-district.
- Only two people can travel with one driver.
- All passengers need to carry a government ID which has valid address proof.
- Time taken to issue the pass is minimum 24 hours.
- Travel timing is 7:00 a.m. to 4:00 p.m.
- It is mandatory to wear a mask while travelling.
- People aged above 65 years, those with comorbidities, pregnant women and children less than 10 years have been advised to stay home.
- Medical certificate is required in case reason for travel is on medical grounds. This includes names of medicines.
- Pass is generated from the source city. (Customer has to mandatorily click on Round Trip and choose Return Date as an option in the e-Pass).
- Original ID proof of customer is required during travel.
- Vehicle number is required to raise an e-Pass.
- e-Pass Link: <http://dsclservices.org.in/apply.php>

### Hotel Guidelines

- All hotels, B&Bs, homestays and hospitality stays are now open in the state, except those located in containment zones.
- Travellers coming from zones with high number of COVID-infected cases will not be allowed accommodation in the hotels. Those from low COVID-infected zones can book a stay, provided it is for a minimum of 7 days.
- All travellers must sign and submit a self-declaration form which guarantees that they will not visit any place (for tourism or other reasons) outside the hotel premises.

## Uttar Pradesh



### Mandatory for Travellers

- All travellers need to register themselves at the government portal: <https://reg.upcovid.in/> upon arrival. For queries and assistance, please dial 1800-180-5145.

### Quarantine and Testing Guidelines

- All travellers entering Uttar Pradesh have to undergo a mandatory 14-days home quarantine.
- Special instructions for Noida: All those entering Noida are required to undergo mandatory institutional quarantine for a week.
- Those entering the state for a short duration (less than 7 days) do not have to undergo quarantine. Those transiting through Uttar Pradesh have to submit details of their return travel, including their destination city.

### Train Travel Guidelines

- For train guidelines, please visit: <http://contents.irctc.co.in/en/Covid19UttarPradeshAdvisory.pdf>

### Road Travel Guidelines

## Road Travel Guidelines

- No e-Pass is required to travel inter-state or inter-district.
- E-Pass is required to travel to and from Uttar Pradesh to Himachal Pradesh, Punjab, Jammu & Kashmir and Uttarakhand.
- Application for e-Pass must be filed in the source state.
- Only two people can travel with one driver.
- All passengers need to carry a government ID which has valid address proof.
- Time taken to issue the pass is minimum 48 hours.
- Travel timing is 5:00 a.m. to 9:00 p.m.
- It is mandatory to wear a mask while travelling.
- People aged above 65 years, those with comorbidities, pregnant women and children less than 10 years have been advised to stay home.
- Medical certificate is required in case the reason for travel is on medical grounds. This includes the names of medicines.
- e-Pass is applicable for Delhi, Noida and Ghaziabad.
- Pass is generated from the source city. (Customers have to mandatorily click on Round Trip and choose Return Date as an option in the e-Pass).
- Original ID proof of the customer is required during travel.
- Vehicle number is required to raise an e-Pass
- e-Pass Link: <https://bit.ly/2ZVEvXK>
- Alternate Link: <https://bit.ly/3dnXaiV>

## West Bengal

### Quarantine and Testing Guidelines

- All travellers entering the state need to self-monitor their health for 14 days.
- A self-declaration form must be submitted on arrival.

### Air Travel Guidelines

- All passengers travelling by air should use face masks/covers during boarding and travel, and must follow hand hygiene, respiratory etiquette and social distancing norms.
- All passengers have to undergo health screening at the point of departure, and only asymptomatic passengers would be allowed to board the plane.
- All passengers would have to follow social distancing norms and health hygiene protocols at the airport.

### Train Travel Guidelines

- For train guidelines, please visit: <http://contents.irctc.co.in/en/Covid19WestBengalAdvisory.pdf>

### Road Travel Guidelines

- You have to apply online for an e-Pass to travel inter-state and inter-district (movement is allowed between category B & C).
- Movement is not allowed in Category A, which falls under Containment Zone.
- Only two people can travel with one driver.
- All passengers need to carry a government ID which has valid address proof.
- Time taken to issue a pass is minimum 24 hours.
- Travel timing is 5:00 a.m. to 9:00 p.m.
- It is mandatory to wear a mask while travelling.
- People aged above 65 years, those with comorbidities, pregnant women and children less than 10 years have been advised to stay home.
- Medical certificate required in case reason for travel is on medical grounds. This includes names of medicines
- Pass is generated from the source city. (Customer has to mandatorily click on Round Trip and choose Return Date as an option in the e-Pass).
- Original ID proof of customer is required during travel.
- Vehicle details are required to raise an e-Pass.
- e-Pass Link: <https://wb.gov.in/>

**Disclaimer:** The information provided above is only for ready reference and convenience of customers, and is not exhaustive. We strongly recommend that you check the full text of the guidelines issued by the State Government or District Administration of the city of origin, transit cities and destination city around travel restrictions or requirements before booking and/or undertaking travel.